

The Vale Primary Academy

PE and Sport Premium Plan

2023 – 2024

Total sports premium 2023 - 2024

£17,650

This year, we have a revised PE curriculum, based upon fundamental movement skills being developed in key stages. In our continued work with Elite Kids Coaching, we have the opportunity to use funds in a variety of ways to further improve and develop the teaching and learning across the academy. A key area of focus this year is for our schoolteachers to build their expertise and confidence in teaching PE, by working with professionals in a range of targeted areas through ongoing, tracked CPD. We are also pleased to be able to offer Real PE to pupils, which will take place weekly in our PE lessons.

We will encourage pupils to continue to lead healthy lifestyles through targeted teaching and will also provide a range of learning opportunities for children to enjoy PE and sport. We will begin to target specific groups of children to engage in school sport, be it after-school clubs or school competitions. One way we hope to achieve this is by trialling the use of PE Pro, an app that will help to baseline and assess pupils in 5 key areas. This information will help us pinpoint exact areas to focus on in our after-school clubs and provide specific pupils with the opportunity to take part in a wide-range of clubs with professional coaches, with the desired outcome to accelerate their progress in that area. This APP also included directed CPD training videos to support teacher's in their delivery of fundamental skills.

We have previously used sports funding to purchase a sports partnership package with Elite Kids Coaching who have provided The Vale Primary Academy with PE specialists to work alongside our teachers to develop their skills and knowledge and to enhance the quality of the teaching of physical education. This year we will continue to work with Elite Kids Coaching who will lead sessions whilst offering development to teachers across the academy, through team-teach lessons, Twilight training and competitions.

The academy recognises the positive impact on the quality of the teaching of PE and the need to use our funding in 2022/2023 to promote a range of sporting activity and healthy lifestyles and to upskill our teaching staff.

Key Indicators identified for this academic year:

- 1: Increased confidence, knowledge, and skills of all staff in teaching PE and sport.**
- 2: Broader experience of a range of sports and activities offered to all pupils.**
- 3: The engagement of all pupils in regular physical activity and the promotion of healthy lifestyles, including both physical and mental health.**

Objective	What are we going to do?	How are we going to do it?
<p>1: Increased confidence, knowledge and skills of all staff in teaching PE and sport.</p>	<p>To improve the PE curriculum and the quality of teaching through a comprehensive CPD support package for teachers.</p> <p>Develop the skills and subject knowledge of teachers in the delivery of a broad PE curriculum.</p> <p>Equip teachers with planning and subject knowledge to ensure progression and develop assessment skills.</p> <p>Further staff training on delivering physical activities to their bubbles.</p>	<p>CPD, coaching and mentoring of all teachers using the skills of the Elite Coaching PE specialists (Model lessons from PE specialists observed, team teaching carried out with PE specialists and teachers, then teachers observed by specialist to ensure impact and next steps in development).</p> <p>The employment of an Elite coaching PE specialist will continue to support the staff who are delivering PE, ensuring an ongoing improvement in knowledge and skills for more pupils.</p> <p>Give teachers access to PE pro APP to support individual subject knowledge development, planning and assessment.</p> <p>Analysis of the quality of provision for PE lessons by SLT and PE lead will help to further support staff and raise improve the profile of PE teaching and learning.</p> <p>Regular liaison/surveys with staff teaching PE.</p>

<p>2: Broader experience of a range of sports and activities offered to all pupils.</p>	<p>To extend the opportunities for children to participate in a wide range of different sports.</p> <p>In comparison to last year, there will need to be a very different approach to sports due to the restrictions of Covid-19. However, we will endeavour to ensure that sport, physical and mental health remains a key priority for the Academy.</p> <p>Where feasible, a wide range of after school clubs to promote active participation in sport, all offered at no cost to any pupil.</p> <p>If permitted at some point throughout the year, as in-line with the first half of last year, a wide range of external tournaments, organised in conjunction with the Trust and the Local authority.</p> <p>To improve fitness, particularly considering the lockdown periods, where many of our children had less opportunities for exercising, each class could promote fitness by creating challenges for their children to complete at home.</p> <p>Regular fitness activities organised for Early Years pupils.</p>	<p>Sports lead to carry out pupil voice survey to find out which sports children would like to participate in.</p> <p>Look into programmes for daily routine exercises that can be promoted throughout the school such as the Daily Mile. This could turn into a competition for houses.</p> <p>Sports Leader and Head of Academy to research different sports available in the local area and appropriate to the curriculum and academy.</p> <p>A greater range of clubs will be made available, developing skills and knowledge of a wider variety of sports which will lead to greater participation in sporting activities, internally and externally.</p> <p>Staff to be trained in delivering effective physical activities to be used in the playground. This will also take into consideration the social distancing restrictions.</p>
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<p>3: The engagement of all pupils in regular physical activity and the promotion of healthy lifestyles, including both physical and mental health.</p>	<p>To continue to raise the profile of sport through the following methods, increase skills; increase participation; boost confidence and self-esteem.</p> <p>Ensure all our pupils are undertaking at least the required amount of physical activity each day and value the importance of a healthy, active lifestyle.</p> <p>Regular assemblies and activities around well-being and mental health supported by the Thrive programme in school.</p> <p>Regular celebration of sporting participation through a range of methods.</p> <p>Incorporate mental well-being into PE lessons.</p> <p>Teachers to be given the flexibility to spend more lesson time on coverage of mental health within the weekly timetable – including designated Thrive sessions.</p> <p>Teachers supported by the Mental health lead in identifying and supporting identified pupils with appropriate support and interventions.</p>	<p>To support the provision and delivery of physical activity through quality resources, increased opportunities for participation (Daily Mile, Go Noodle) and Sports Leaders program.</p> <p>Encourage healthy lifestyles through at snack and dinner time.</p> <p>In addition, where feasible, sporting achievement outside of the academy will be highlighted and celebrated in weekly assemblies, where pupils will share their performances in sport.</p> <p>Teachers will assess pupils through the Thrive programme and will tailor activities to target group and individual needs with regards to mental-health and well-being.</p> <p>Elite coaching to provide CPD on well-being in sport for teachers.</p> <p>Elite Coaching to deliver healthy lifestyle sessions for all classes – incorporating appropriate elements of mental health and well-being.</p>
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Focus	Cost	Who's involved?	Proposed Impact
Sports/ PE Partnership Membership Package with Elite Coaching.	£12,000	Head of Academy, Business Admin and PE lead.	To increase expertise in teaching and learning in PE. To observe PE specialists as part of own CPD. To strengthen links with the local pyramid of schools. To improve pupil engagement and participation in competitive sports, including inter-school competition.
PE Pro App	£3000	Head of academy, Business Admin and PE lead.	To help to baseline and assess pupils in 5 key areas. To pinpoint exact areas to focus on in our after-school clubs. To provide specific pupils with the opportunity to take part in a wide range of clubs with professional coaches, with the desired outcome to accelerate their progress in that area.
PE resources	£1650	Head of academy, Class Teacher, SLT member	To support delivering an exciting curriculum to children. To provide children with opportunities to engage in other sporting activities.
Additional equipment to deliver healthy active playtimes and lunches.	£500	PE Lead, children.	To increase levels of physical activity. To improve playtime provision for pupils with purposeful equipment. To answer requests from pupil voice.
Purchase Get Set 4 PE planning resource	£500	PE Lead, All class teachers, Head of academy.	To give staff new, innovative ideas to use across the P.E. curriculum.
Time for PE leader to work with Elite Coaching to monitor PE provision and the impact.	N/A	PE lead, Elite Kids Coaching	To improve monitoring of PE. To improve leadership of PE. To further develop knowledge of the new PE curriculum. To increase and monitor participation rates. To identify and tracking key groups of pupils.